

INDIVIDUAL SPORTS

CRITERIA/CATEGORY	14 – 17 years
Achievements/Results at National Level	Gold or Silver Medalist in National Championships (14 - 17 years)
Achievements/Results at International Level	Gold or Silver Medalist in Indian Ocean Regional Competitions Level (14 - 17 years) /Top 10 at the African Level
Minima/points, where applicable (To attach documents, if necessary)	As established by National Sports Federations
Ranking at national level, where applicable	<i>National</i> : Classified Top 2
Training Requirements	Minimum : 3 sessions per week (Annual basis) – Daily Hours of training : <i>as determined by the National Sports Federation</i>

The applicant shall have recorded an outstanding performance in an international competition at least two (2) years prior to application