RACKET SPORTS

CRITERIA/CATEGORY	12 – 13 years	14 – 15 years	16 – 17 years	18 – 20 years
Achievements/Results at National Level	Medalist in National Championships or National Youth Games	Medalist in National Championships or National Youth Games	Medalist in National Championships or National Youth Games	Medalist in National Championships
Ranking at national level,	National :	<i>National :</i>	<i>National :</i>	<i>National :</i>
where applicable	Classified Top 3	Classified Top 3	Classified Top 3	Classified Top 3
Training Requirements	Minimum : 3 sessions per	Minimum : 3 sessions per	Minimum : 3 sessions per	Minimum: 3 sessions
	week (Annual basis) –	week (Annual basis) –	week (Annual basis) –	per week (Annual
	Daily	Daily	Daily	basis) – Daily
	Hours of training : <i>as</i>	Hours of training : as	Hours of training : as	Hours of training : <i>as</i>
	<i>determined by the</i>	determined by the	determined by the	<i>determined by the</i>
	<i>National Sports</i>	National Sports	National Sports	<i>National Sports</i>
	<i>Federation</i>	Federation	Federation	<i>Federation</i>

The applicant shall have recorded an outstanding performance in an international competition at least one (1) year prior to application